

St Joseph Elementary

January 2024

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	<i>All of our food is made fresh Daily.</i>	<i>Our Featured Wellness Item of the month is highlighted in orange.</i>		
<p>1</p>	<p>2</p>	<p>3 Baked Chicken Patty on a Whole Wheat Bun 1ea Maple Baked Beans 3/4 Cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea</p>	<p>4 W.G Chicken Nuggets 5ea Wrapped Whole Wheat Bread 1ea Broccoli 3/4C Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea</p>	<p>5 Whole Wheat Pizza 1ea Cauliflower 3/4 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>
<p>8 Homemade Ziti w/ Meat Sauce 6oz Wrapped WW Mountain Roll 1ea Corn 3/4 Cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>	<p>9 Baked Chicken Sticks 8ea Wrapped WW Mountain Roll 1ea Red Beans 3/4 cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea</p>	<p>10 Beef Meatballs w/ Marinara Sauce 3ea Wrapped WW Hot Dog Bun 1ea Whole Baby Carrots 3/4 Cup 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>	<p>11 Cheese Ravioli w/ Marinara 3ea Wrapped Whole Wheat Bread 1ea Spinach 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>	<p>12 Whole Wheat Pizza 1ea Green Beans 3/4 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>
<p>15</p>	<p>16 Crispy Chicken Breast on Whole Wheat Bun 3oz Broccoli 3/4C Granny Smith Green Apple 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea</p>	<p>17 W.G Pancakes 2ea Turkey Sausage Links 3ea Baked Home Fries 3/4 Cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Maple Syrup 1ea</p>	<p>18 Sliced Turkey w/ Gravy 2-1.75oz slices Wrapped WW Mountain Roll 1ea Honey Glazed Whole Baby Carrots 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>	<p>19 Whole Wheat Pizza 1ea Cauliflower 3/4 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>
<p>22 Lean Beef Nachos w/ Cheese 2.5oz Lean Beef Taco Meat 2.5oz Shredded Cheddar .5 oz Black Beans 3/4c Bag Baked Tostitos Scoops 1ea Graham Crackers 3pk 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>	<p>23 Grilled Chicken Breast 1ea Wrapped WW Mountain Roll 1ea Honey Glazed Whole Baby Carrots 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea</p>	<p>24 French Toast Sticks 3ea-3oz Turkey Sausage Links 3ea Baked Home Fries 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Maple Syrup 1ea</p>	<p>25 WG Mini Corn Dog Nuggets 6 each Broccoli 3/4C Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Mustard 1ea</p>	<p>26 Whole Wheat Pizza 1ea Green Bean/Wax Bean Blend 3/4 cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>
<p>29 W.G Waffle 1ea Turkey Sausage Links 3ea Baked Home Fries 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Maple Syrup 1ea</p>	<p>30 W.G Chicken Nuggets 5ea Wrapped Whole Wheat Bread 1ea Corn 3/4 Cup Granny Smith Green Apple 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea</p>	<p>31 Homemade Baked Ziti 6oz Wrapped WW Mountain Roll 1ea Spinach 3/4 Cup 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz</p>		